

# HEALTHIER HOMES

## QUICK SPECS CHEAT SHEET



- new drywall  
**New Construction Primer** (1c @300-350 sq ft/gal)  
**Real Zero VOC Paint;** flat, eggshell, semigloss (2c @ 300-400 sq ft/gal w/ 311 tip + filters removed)
- previously painted walls with water or oil based paint  
**Healthier Clean concentrate** (prep surfaces by washing with 1:20 concentrate with water)  
**Reno + Remodel Primer** (1c @300-350 sq ft/gal)  
**Real Zero VOC Paint;** flat or semigloss (2c @ 300-400 sq ft/gal with 311 tip and filters removed)
- new unfinished doors and trim, to be painted  
**Reno + Remodel Primer** (1c @300-350 sq ft/gal)  
**Real Zero VOC Paint;** flat, eggshell, semigloss (2c @ 300-400 sq ft/gal with 311 tip and filters removed)
- previously painted woodwork and trim, to be painted  
**Healthier Clean concentrate** (prep surfaces by washing with 1:20 concentrate with water)  
**Reno + Remodel Primer** (1c @300-350 sq ft/gal)  
**Real Zero VOC Paint;** flat, eggshell, semigloss (2c @ 300-400 sq ft/gal)
- new or re-sanded woodwork or painted surface, for a clear finish topcoat  
**Cleary Natural Clear Coat:** matte or gloss finish (3c @350 sq ft/gal)
- wood furniture, wood cabinetry or shelving, to be painted  
**Reno + Remodel Primer** (1c @300-350 sq ft/gal)  
**Furniture + Cabinet Lacquer;** matte or gloss (3c @ 300-400 sq ft/gal with 311 tip and filters removed)
- sealing OSB, framing lumber, particle board, plywood and foam  
**Fumes + Formaldehyde Blocker** (1c @ 350 sq/ft/gal; backpack sprayer, pump sprayer or spray bottle)
- integrated grout sealer for chemical offgassing  
**Fumes + Formaldehyde Blocker** (mix ratio 1:1 blocker to distilled water per grout instructions)
- stain protection and fumes sealer for upholstery, fabrics, rugs and carpet (except wool)  
**Fabric Protection Spray** (spray and let dry between coats)
- commercial strength two part clear urethane (clear coat) for woodwork or painted surfaces  
**Healthier Clear Coat Professional :** satin/matte or gloss finish (3c @350 sq ft/gal)
- everyday cleaning ; construction prep and construction clean up; laundry; carwash  
**Healthier Clean concentrate** (mix ratio 1:20 concentrate to warm water)  
degreaser and construction clean up ... (mix ratio 1:7 concentrate to warm water)  
laundry booster... (1/4 cup in addition to your natural / clear detergent of choice per load)  
spot fixer for fabric stains ... (2 tbsp in water squirt bottle mixed with clean water)  
upholstery and carpet cleaner ... (mix ratio 1:20 concentrate to warm water)  
hand soap ... (6 tbsp in dispenser with water)
- clear moisture and fumes sealer for grout, stone, concrete & mortar  
**Stone & Grout Penetrating Sealer Spray** (spray multiple times until sealer no longer soaks in; wipe dry)

updated 3-14-25

[www.healthierhomes.com](http://www.healthierhomes.com)

@HealthierHomesByJS2



**HEALTHIER  
HOMES**

NONTOXIC LIVING